

## STEP ONE – COMPU-TOOLS DIAGNOSTIC SUITE OF SOLUTIONS

The Compu-Tools suite of Diagnostic Assessments was designed to provide each of us, who wish to improve our behaviors, with effective assistance. The 1-2 out of 10 of us who have been successful in these efforts: (1) want changes, (2) know what humility is and (3) are willing to surrender and ask for help.

## STEP TWO – CLIENT COMPLETES KEY DIAGNOSTIC MODULES

1. Log on to [iMResponsible.com](https://www.imresponsible.com) and create a client and client login.
2. Client can complete (1) Self Tests, (2) Psychological and (3) Social Quizzes  
With Clinician approval, Client may also complete the Alcohol/Drug quiz  
The Clinician may complete the Alcohol/Drug Quiz – remotely – with the Client. Factual evidence can be used to assist the client with complete answers.
3. **Login link:** (<https://www.imresponsible.com>)
4. Clinician will analyze quiz details and results
5. Clinician and Client will jointly develop an acceptable treatment plan
6. Plan One – use diagnosis results just completed  
Plan Two –link to Form DSM5 Level 2 Pers. Disorder Screening Tool. (70 Questions/10 disorders)  
(Determine is other behavioral needs may assist in improvement program)
7. **Link:** DSM5 Level 2 Pers. Disorder Screening Tools (70Questions/10 Categories)

## STEP THREE – OTHER POPULAR ASSESSMENTS

- Link: [Optum WA Adult Questionnaire \(24 Questions\)](#)
- Link: [DSM5 Level 2 Pers. Disorder Screening Tool \(100 Questions/25 Disorders\)](#)
- Link: [DSM5 Level 2 Antisocial Personality Disorder \(12 Questions\)](#)
- Link: [DSM5 Level 2 Borderline Personality Disorder \(9 Questions\)](#)
- Link: [DSM5 Level 2 Narcissistic Personality Disorder \(40 Questions\)](#)
- Link: [DSM5 Level 2 Obsessive Compulsive Personality Disorder \(25 Questions\)](#)
- Link: [DSM5 Level 2 Paranoid Personality Disorder \(8 Questions\)](#)
- Link: [Spousal Violence \(Multi-Scale\) \(IDVS, ODARA, SARA, DVSI, DA, HITS, Rel. Assess\)](#)
- Link: [Tobacco Vaping Nicotine Assessment \(28 Questions\)](#)

## SUPPLEMENTAL DSM5 ASSESSMENTS

- Link: [DSM5 Mania \(Altman Self Rating Scale\) \(25 Questions\)](#)
- Link: [DSM5 Somatic Symptoms \(15 Questions\)](#)
- Link: [DSM5 Sleep Disturbance \(8 Questions\)](#)
- Link: [DSM5 Dissociative Experience \(28 Questions\)](#)
- Link: [DSM5 Repetitive Thoughts and Behaviors \(5 Questions\)](#)